

**FACIAL FITNESS IRELAND
COACHING AGREEMENT AND WAIVER OF LIABILITY**

I, _____, hereby agree to the following:

1. Participation to classes

- i) I am participating in facial fitness classes during which I will receive information and instructions on facial exercises. I recognize that these techniques require mild physical exertion. I understand that I must consult with a medical practitioner in relation to participating in the programme and performing regular facial workouts.
- ii) I understand that it is not recommended to do facial exercises if I have rosacea or acne.

2. Non-compete clauses

- i) I represent that I am not currently working in the area of facial rejuvenation through facial exercises, nor am I acting on behalf of a competitor of Facial Fitness Ireland.
- ii) I undertake not to compete with Facial Fitness Ireland in any capacity (including but not limited to employee, sole trader, partner, business owner or business manager) in the province of Leinster for 18 months following the last session attended and for 12 months in the remaining parts of the island of Ireland.

3. Duty of confidentiality and intellectual property

- i) I undertake not to disclose the techniques learnt during the said facial fitness sessions to any other person(s), save in a professional capacity at the expiration of the no competition clause at 2.ii) above.
- ii) I will not copy in any form (such as but not restricted to photocopy, reprint, scan, upload, send, text, mail) and/or display to the public any of the material, including text and pictures, from the documentation that I will be provided over the course of the sessions.

4. Payment of fees

In consideration of a 4 sessions programme* I agree to pay Facial Fitness Ireland a fee of € _____, payable either in full or in two instalments, corresponding to two sessions each (which implies the option for the customer to pay and complete only half of the programme).

*The last session must be taken up within one year of the first one.

I have read the above and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

DATE

SIGNATURE OF PARTICIPANT

I authorise _____ I do not authorise _____
my “before and after” photos to be used for advertising purposes

I authorise _____ I do not authorise _____
my “before and after” photos to be shown privately to future customers

DATE

SIGNATURE